



Promoting health and hygiene

Nappy changing

Policy statement

No child is excluded from participating in sessions at Padbury Pre-school who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- Key persons have a list of children who are not yet potty trained, these children have their nappies changed as and when necessary and will not be left in a soiled nappy.
- Where necessary, children should wear pull ups or other types of trainer pants as soon as they are comfortable with this and their parents agree.
- Key persons undertake changing young children in their key groups; back up key persons change them if the key person is absent.
- Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned.
- Each young child has their own changing bag to hand with their nappies or 'pull ups' and changing wipes.
- Gloves and aprons are put on before changing starts and the areas are prepared. Changing mats are wiped between each child kept clean at all times.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.

Where fun becomes learning!

- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- Anti-bacterial hand wash liquid or soap should be available for all children.
- Key persons are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents'.
- Key persons do not make inappropriate comments about young children's genitals when changing their nappies
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and 'pull ups' are disposed of hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin or our hygienic nappy disposal system. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for the parent to take home.
- NB If young children are left in wet or soiled nappies/'pull ups' in the setting this may constitute neglect and will be a disciplinary matter. Pre-schools and all childcare facilities have a 'duty of care' towards children's personal needs. For this reason, if a parent does not wish their child's nappy to be changed by staff at the pre-school, they must attend the setting immediately themselves when called to remedy the issue.
- Balancing Dignity and Safety in the EYFS 2025 reforms. As part of recent changes the new guidance that has been produced, means all staff must provide privacy during Nappy changing or toileting. Making sure all children are respected and given privacy.
- Staff will shield the child whilst changing their nappy or clothes to prevent others from seeing the children. Giving the child the maximum privacy available. This ensure dignity while maintaining supervision.
- Staff will be positioned where they can see and hear children at all times including during toileting.
- Staff will receive in-house training on how to nappy change promoting maximum privacy.

This policy was adopted at a meeting of	Padbury Pre-school	name of setting
Held on	October 2025	(date)
Date to be reviewed	October 2026	(date)
Signed by the Manager	<u>A.J.Smith</u>	
Name of signatory	<u>Miss Amanda Smith</u>	
Role of signatory (e.g. chair/owner)	<u>Pre-school manager.</u>	