



General Welfare Requirement: Safeguarding and Promoting Children's Welfare

The provider must promote the good health of the children, take necessary steps to prevent the spread of infection, and take appropriate action when they are ill.

Promoting health and hygiene

First aid

Policy statement

At Padbury Pre-school, staff are able to take action to apply first aid treatment in the event of an accident involving a child or adult. All staff members are fully qualified with a 12 hour paediatric first aid qualification covering both adult and children's first aid requirements. All long term students and trainees will also be required to complete this first aid training.

Procedures

The First Aid Kit

Our first aid kit complies with the Health and Safety (First Aid) Regulations 1981 and contains the following items only:

- Triangular bandages (ideally at least one should be sterile) - x 4.
- Sterile dressings:
 - a) Small (formerly Medium No 8) - x 3.
 - b) Medium (formerly Large No 9) – HSE 1 - x 3.
 - c) Large (formerly Extra-Large No 3) – HSE 2 - x 3.

Where fun becomes learning!

- Composite pack containing 20 assorted (individually wrapped) plasters 1.
- Sterile eye pads (with bandage or attachment) eg No 16 dressing 2.
- Container or 6 safety pins 1.
- Guidance card as recommended by HSE 1.

In addition to the first aid equipment, the box is supplied with:

- 3 pairs of disposable plastic (PVC or vinyl) gloves.
- 1 plastic disposable apron.
- a children's forehead thermometer.

- The first aid box is easily accessible to adults and is kept out of the reach of children.
- It would not be normal practice to administer un-prescribed medication to children, parents or staff. In exceptional circumstances when a child has a temperature of above 39 oC and a parent or carer is unable to collect within 30 minutes due to working distance. In these circumstances and **only** after a verbal conversation with parent followed by an email or text message to give consent, a suitable dose of liquid paracetamol can be given. A supply of liquid paracetamol is kept on the premises and clearly labelled.
- The setting also keep a bottle of antihistamine medication (Piriton) in case of an allergic reaction to a sting i.e. wasp or bee. in these circumstances a parent or carer is contacted immediately, and this medication can only be given with verbal consent followed by an email or text confirming. The parent is then recommended to collect their child if this is the first time they have been stung.
- At the time of admission to the setting, parents' written permission for emergency medical advice or treatment is sought. Parents sign and date their written approval.
- Parents sign a consent form at registration allowing staff to take their child to the nearest Accident and Emergency unit to be examined, treated or admitted as necessary on the understanding that parents have been informed and are on their way to the hospital.

Legal framework

- Health and Safety (First Aid) Regulations (1981)

Further guidance

- First Aid at Work: Your questions answered (HSE 1997) www.hse.gov.uk/pubns/indg214.pdf

□ Basic Advice on First Aid at Work (HSE 2006) www.hse.gov.uk/pubns/indg347.pdf
Guidance on First Aid for Schools (DfEE)

This policy was adopted at a meeting of	Padbury Pre-school
Held on	7/10/2025
Date to be reviewed	October 2026
Signed :	<i>A. J. Smith</i>
Name of signatory	Amanda smith
Role of signatory	Pre-school Manager