



## Promoting health and hygiene

### Nappy changing

#### Policy statement

No child is excluded from participating in sessions at Padbury Pre-school who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

#### Procedures

- All staff members have a list of children who are not yet potty trained, These children have their nappies changed as and when necessary and will not be left in a soiled nappy.
- Where necessary, children should wear 'pull ups' or other types of trainer pants as soon as they are comfortable with this and their parents agree.
- All staff members undertake changing young children in their care.
- Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned.
- Each young child has their own changing bag to hand with their nappies or 'pull ups' and changing wipes.
- Gloves and aprons are put on before changing starts and the areas are prepared.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.

**Where fun becomes learning!**

- They should be encouraged to wash their hands and have soap to hand. They should be allowed time for some play as they explore the water and the soap.
- Anti-bacterial hand gel is not used on children.
- Key persons are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents'.
- Key persons do not make inappropriate comments about young children's genitals when changing their nappies
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and 'pull ups' are disposed of hygienically in a separate nappy bin and bagged in a nappy sack. Any soil (faeces) in underwear or clothes is flushed down the toilet and then securely bagged and returned to the parent to take home. Cloth nappies, that have been wet or soiled are rinsed and bagged for the parent to take home.
- NB If young children are left in wet or soiled nappies/'pull ups' in the setting this may constitute neglect and will be a disciplinary matter. Pre-schools and all childcare facilities have a 'duty of care' towards children's personal needs. For this reason, if a parent does not wish their child's nappy to be changed by staff at the pre-school, they must attend the setting immediately themselves when called to remedy the issue.

This policy was adopted at a meeting of	<u>Padbury Pre-school</u>	name of setting
Held on	<u>12<sup>th</sup> February 2020</u>	(date)
Date to be reviewed	<u>February 2022</u>	(date)
Signed on behalf of the committee	<u>Mrs C McHenry</u>	
Name of signatory	<u>CLAIRE MCHENRY</u>	
Role of signatory (e.g. chair/owner)	<u>REGISTRATION SECRETARY</u>	